

DR WALMSLEY, HASLAM,
POMIAN AND GOLDRICK

SPECIAL POINTS OF INTEREST

Going abroad?

Most vaccines take a while to work so fill in a travel questionnaire as soon as possible to ensure you are covered against the local diseases.

Accepting new patients

We are accepting new patients so if you know someone who needs a GP then ask at reception for the forms. Signing up is easy.

If you have any comments or queries then please feel free to jot them down and place them in our comments box.

Practice Update

WWW.BOLTON.NHS.UK/GP/WALMSLEY

AUTUMN 2012

Flu Season—Book now for your vaccination

Flu jabs are going to arrive at the end of September so book now to get your seasonal flu jab

Remember;

- The sooner you get the jab the quicker you are protected
- Flu is worse than a heavy cold and is a serious illness
- You **cannot** get flu from the flu jab
- Flu will not respond to antibiotics
- The flu jab protects you against several strains of the flu virus
- The flu virus changes every year which is why an updated jab is needed



You can usually have a free flu jab if you have/are;

Over 65

Pregnant (any stage)

Long term respiratory disease

Heart disease

Kidney disease

Liver disease

Long term neurological disease (such as stroke or TIA)

Diabetes

A weakened immune system (such as leukaemia, chemotherapy or HIV)
The main carer for a disabled/elderly person whose welfare depends on you



Welcome Sr Ellen

We are pleased to welcome Sister Ellen Davies to our nursing team. Sr Davies has many years experience as a practice nurse. Appointments to see Sr Isaac or Sr Davies can be made at reception up to 8 weeks in advance.

Welcome Dr Griffith (FEMALE) and Dr Lam (FEMALE)

The practice is now heavily involved in training the GPs and consultants of the future and we are pleased to welcome Dr Griffith and Dr Lam to the team. They will both be with us for the next twelve months.

Patient Participation Group



Ask at reception if you are interested in our patient participation group. We meet quarterly to try and improve the practice.